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New vegan documentary The Game Changers, which was created by James Cameron and Louie Psihoyos (director of Oscar winning documentary, The Cove) has hit Netflix this week. The new documentary on...

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Contact. The Vegetarian Society of the United Kingdom Limited. Parkdale, Dunham Road, Altrincham WA14 4QG. 0161 925 2000

[Why Go Veggie | The Vegetarian Society](#)

Go_vegetarian_document Sep 29, 2020 Go_vegetarian_document This Film Will TURN YOU VEGAN in 2 Minutes | Vegan News | LIVEKINDLY This Film Will TURN YOU VEGAN in 2 Minutes | Vegan News | LIVEKINDLY by LIVEKINDLY 1 year ago 8 minutes, 23 seconds 156,445 views The new short film by Last Chance for Animals will turn you vegan in 2 minutes. Watch ...

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It ' s worth considering whether you ' re ready to go full-vegetarian or whether pescatarianism is for you. The latter gives you a little more flexibility in your diet. Remember, there are still dietary aspects to consider if you ' re giving up meat and only eating some seafood. Protein and iron may still be an issue.

[10 things you should know before going veggie - BBC Good Food](#)

Vegan: Everyday Stories shifts the question from “ what ” or “ why ” to “ who, ” following the lives of four very different people living a vegan lifestyle. The vegan documentary is a cheery, lovely experience, and while these four people are the main focus, it also includes interviews with people like Dr. Neal Barnard, Russel Simmons, and former NFL defensive end David Carter.

[The 33 Best Vegan Documentaries \(Ultimate List\)](#)

The Vegetarian Society is the place to go for everything you want to know about the world of vegetarian food. Our mission is to inspire,

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inform and enable people to be vegetarian. Why go veggie? Become a member. Featured. Read the latest about our Emergency Food Bank boxes

The Vegetarian Society UK

Here are 10 documentaries that will make you rethink everything you know about food and health. Most of these titles are available for instant streaming on Netflix.

10 Documentaries that Will Make You Rethink Everything You ...

Some of the most harrowing scenes in vegan filmmaking can be found in Earthlings, which is narrated by Joaquin Phoenix. The 2005 documentary focuses on the way animals are manipulated by humans for...

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The risks associated with following a vegetarian diet surround deficiencies in certain vitamins and minerals, like vitamin B-12, and omega-3 fatty acids. The foods you choose make all the difference.

Becoming Vegetarian: How to, Pros and Cons, What to Eat

The feature-length documentary “Vegan: Everyday Stories” follows the lives of “four remarkably different people who share a common thread – they’re all vegan.” Ultra runner Yassine Diboun, animal sanctuary owner Renee King-Sonnen, food truck owner Jerri Hastey, and eight-year-old activist Genesis Butler are all featured, explaining how they each made the move to a plant-based, cruelty-free lifestyle.

The 45 Vegan Documentaries You Have to Watch

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Why go vegan? Veganism is on the rise in the UK. More than 500,000 people are vegan – choosing not to eat any animal produce. That's more than three times as many as ten years ago.

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[Is it safe for me to go vegan? - BBC Teach](#)

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